

Pantry Peace Workshop – Week 4: PROVIDE

Generosity Creates Peace

Scripture Anchor: Proverbs 11:25 — “A generous person will prosper; whoever refreshes others will be refreshed.”

1. Who Is God Putting On Your Heart?

Write down the name or description of one person God is nudging you to bless this week. This may be someone grieving, overwhelmed, sick, lonely, widowed, or quietly struggling.

Name or Description:

2. What Can You Provide From Your Pantry or Skills?

List one or more items, meals, or skills you can use to bless this person. Examples: a jar of soup, bread, a freezer meal, snacks, tea, a hygiene kit, a casserole, or teaching them a skill.

Ideas:

3. Plan Your Blessing

• When will you prepare it? • How will you package it? • Will you include a note or scripture? • How will you deliver it quietly and lovingly?

Notes:

4. Reflection After You Deliver It

How did it feel to provide for someone? What stirred in your heart? Did you sense peace, purpose, compassion, or gratitude?

Your Reflection:

Remember: Provision isn't about plenty. It's about purpose. And small acts of generosity create big ripples of peace.